

# ALM Pastoral Care

Date & Time	Session Plan
	<b>Defining Pastoral Care and its Distinction within Christianity</b> <ul style="list-style-type: none"> <li>• Discuss goals and contexts of pastoral ministry</li> <li>• Discover assumptions made about pastoral care</li> <li>• Establish the theological foundations for pastoral ministry</li> </ul>
	<b>Understanding God's Call</b> <ul style="list-style-type: none"> <li>• Why are you here?</li> <li>• Understanding ourselves and developing self-awareness</li> <li>• Exploring the changing role within the community and church family</li> </ul>
	<b>Understanding Human Needs</b> <ul style="list-style-type: none"> <li>• Exploring communication skills</li> <li>• How do we know there is a need?</li> <li>• Developing listening skills, wisdom and discernment</li> </ul>
	<b>Encountering Human Need and Our Response</b> <ul style="list-style-type: none"> <li>• Understanding and increasing awareness of need resulting from bereavement, mental health issues, relationship issues, and financial issues.</li> <li>• Building confidence in prayer</li> </ul>
	<b>Putting Pastoral Ministry into Practice</b> <ul style="list-style-type: none"> <li>• Understanding human relationships</li> <li>• Where do I fit in?</li> <li>• Exploring what our ministry might look like in context</li> <li>• Pitfalls we may encounter</li> </ul>
	<b>Going Forward with God</b> <ul style="list-style-type: none"> <li>• Your spiritual health and needs</li> <li>• The role of a Spiritual Director</li> </ul>
	<b>Working as a Team in the Parish</b> <ul style="list-style-type: none"> <li>• Understanding relationships in a team</li> <li>• Developing our own bespoke toolkit to aid our role and context</li> <li>• Explore the benefits of working agreements, boundaries, signposting to other agencies, and support from further afield (the roles of mentor, spiritual director, incumbent and Diocese)</li> <li>• Feedback on course learning and personal growth</li> </ul>